



NSGNA President's Report Fall 2013

As summer draws to an end and we get into our fall routines, I would urge nurses and nursing students involved in the specialized care of the older adult to make continued gerontological education a part of their routine as well.

NSGNA membership automatically includes membership within our national organization, the Canadian Gerontological Nursing Association (CGNA) and both offer many benefits such as direct and online continuing education, subscription to the peer-reviewed Perspectives Journal, access to network with and learn from over 500 gerontological nurses across Canada, reduced rates for provincial, national and international conferences as well as to educational resources and materials.

The NSGNA Executive is made up of volunteer nurses just like you, who are passionate about gerontological nursing and the care of older adults. We currently have vacancies for the positions of President-Elect, and Representatives for Districts 6 (Pictou) and 7 (GASHA). I ask you to consider joining our exceptional and fun group and volunteering what amounts to a relatively small amount of your time to the more than worthy cause of gerontological nursing in Nova Scotia. The current Executive continues to work diligently on NSGNA members' behalf to offer education sessions, alert members of upcoming and relevant educational events around the province, and provide ongoing opportunities for members to remain connected and current with regards to the latest knowledge, technology, research, and skills.

We have recently coordinated the 29th NSGNA Evening of Education and Annual General Meeting held June 13, 2013 which offered the latest on Diabetes and Hypertension Best Practice Guidelines as they apply to the older adult population, as well as a private screening of the documentary film, "*Gen Silent*." This documentary is a poignant look at the silent struggles and indignities faced everyday in long term care settings and elsewhere by the lesbian, gay, bisexual, transgender, queer, & intersex (LGBTQI) older adult population. I would encourage anyone with an opportunity to view "*Gen Silent*" to do so.

The Executive will also be reviewing and updating our NSGNA Operations Manual and By-Laws over the coming months in order to ensure that they reflect the needs of our members and association. We will update NSGNA members once completed.

Finally, I invite everyone to view our NSGNA website now, and over the coming months for regular updates and information relevant to your practice. Contact information for each NSGNA Executive member can also be found here. Please feel free to contact anyone of us with a question, issue, suggestion, or concern.

Respectfully Submitted,

Sohani Welch